

Cystic Fibrosis Service

Information for patients with Cystic Fibrosis

Cystic Fibrosis Service

55 Commercial Road,
Melbourne VIC 3004

T 03 9076 3443

F 03 9076 8050

E cysticfibrosis@alfred.org.au

CF Nurses - 0418 596 938

CF Dietitians -

cfdietitians@alfred.org.au

We recommend that you seek information only from credible websites:

Alfred Health

www.alfredhealth.org.au

Victorian Department of Health and Human Services

dhs.vic.gov.au/coronavirus

Australian Government

www.health.gov.au

Mental Health support

<https://www.beyondblue.org.au/>

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General practitioners or 'GPs' play a valuable role in health care support and management. GPs can administer immunisations, including the flu vaccination, as well as provide support and assistance with mental health; referrals to specialist services and monitoring of women's health and family matters.

We encourage you to engage with your local community service and get to know a GP you feel comfortable with. We will work to support you and your GP in managing your CF care and general health and wellbeing.

Things to consider when choosing a GP...

- Does the practice have male/female GPs?
- What is the billing practice?
- What are the hours of the clinic – are they open in the evenings and on weekends?
- What are the after-hours arrangements?
- Are telehealth or home visits provided, if needed?
- Does the clinic have GPs who are trained in women's health?

It may be helpful to ask for recommendations from family/ friends or perhaps phone around to some of the local centres to enquire about their services.

Requesting referrals

You may be asked to obtain a referral from your GP to a specialist service, i.e. Endocrinology & Diabetes and/ or the Gastroenterology team. For Medicare reasons, referrals made by your GP, rather than your CF doctor, are open-ended. This means, the referral will not expire.

Referrals made by your CF doctor, to the diabetes or gastroenterology team will expire after 3 months.

Contact details

As with many services in our hospital, we aim to send updates relating to your care to your GP after an admission or clinic review. Please contact us if you have a new GP or if your GP's contact details have changed.